



PROVIDED

Glenwood native Ed Murray celebrates his 75th mile at the Las Vegas Tough Mudder in November.

Murray finishes 28th at Vegas Tough Mudder

Josh Carney
jcarney@postindependent.com

Glenwood native and Glenwood Springs High School graduate Ed Murray, 36, recently made the short trip to Las Vegas to compete in the World's Toughest Mudder competition, which featured nearly 1,300 competitors Nov. 13 and 14.

According to the event website, World's Toughest Mudder is an extreme 24-hour obstacle course challenge. While the man, woman and team who completes the most 5-mile course laps in 24 hours will be crowned champion,

those who complete 25, 50, 75 or 100 miles would be honored for their efforts.

In Las Vegas, Murray finished 28th overall — third in his age bracket — in the 24-hour competition. In those 24 hours, Murray completed 75 miles and went around, over and through 375 obstacles in the competition. Last year, Murray placed 25th overall and completed just 70 miles and 336 obstacles. Although the Glenwood native finished three spots behind last season's mark, he was able to complete five more miles and 39 extra obstacles.

Western Slope climbers battle for top spot at CRMS

Staff Report

The Colorado High School Climbing League is in full swing this winter as the Western Slope Region features more schools than ever and competition is fierce but friendly.

A dozen Western Slope high school climbing teams traveled to Colorado Rocky Mountain School last Saturday for the latest installment in the eight-event regular season. Teams from local schools included Coal Ridge, Glenwood, Yampah, Aspen, and Colorado Rocky Mountain School. In addition there were teams from as far away as Telluride and Silverton. Energy was high and climbers were eager to lay their hands on new boulder problems in the gym.

With over 140 climbers competing, the gym was packed with talent. The event was split into multiple three-hour heats to accommodate all the competitors. When students finally rested their aching muscles and sore fingers the CRMS Oysters came out on top. Perennial powerhouses Montrose, Gunnison, and Ridgway turned in strong team results but ultimately fell short of overall victory.

Local climbers led much of the scoring with highlights being a near win by Callie Rominger (CRMS from Basalt), followed by Anja Simpson (CRMS from Carbondale) in third and Lauren Murphy (CRMS Carbondale) in fourth.

The top ten for girls was rounded out by Sarah Teague (CRMS Basalt) in nine. The boys also brought excellence



PROVIDED

Colorado Rocky Mountain School climber Colin Daniels works his way up the wall during last weekend's event in Carbondale.

to the wall with another win by Colin Daniels (CRMS Carbondale), Elliot Vaughan (CRMS) in second place and Toby Meyer (CRMS Carbondale) in fourth place. The boys also filled much of the rest of the top ten with Fynn Blake (CRMS Carbondale) in seventh, Will Newton (CRMS Old Snowmass)

in ninth, and Marshall Graybill (CRMS Glenwood) and Whitton Feer (CRMS Basalt) tied for tenth.

Action continues on Saturday at the Vail Athletic Club and resumes after the holidays with a full schedule leading to State Championships in Grand Junction.

Glenwood wrestling competes at Tiger Duals

Josh Carney
jcarney@postindependent.com

Starting the 2016-17 season on the road at the Tigers Duals in Grand Junction, the Glenwood Springs Demons wrestling team went 1-4 overall at the duals, but individually had tons of success as five wrestlers won three or more matches at the duals.

In the first match at the duals, Glenwood topped Palisade by a 39-33 score as the Demons and Bulldogs didn't wrestle for the first five weight classes, with Glenwood forfeiting at 220, 285 and 113, while Palisade forfeited at 106. The two teams double forfeited at 120, leading to the 126-pound match.

Glenwood's Felix Cano would pin his opponent in the 126-pound match before Riley Prough (132), Juan Felan (151) and Alex Rodriguez (170) all picked up wins by pin. Palisade would add wins by pin at 138 and 195, while Larry Flores lost a close 5-1 decision to Palisade's Austin Bernal in the 145-pound match.

In the 170-pound match, defending state champion Myles Wilson picked up a big 7-3 decision over Palisade's Terrance Williams as Williams wrestled a smart match against Wilson.

Following the win over Palisade, Glenwood would take on the Moffat County Bulldogs, but the Demons would fall by a score of 44-27.

In the match with Moffat County, the Demons had to forfeit at 113, 120, 220 and 285 — which would become a common occurrence at the duals — while Moffat forfeited at 182 and 195. Getting action in the 106-pound match, Glenwood freshman Max Burrell did a great job for the Demons, taking a major decision (15-7) over Moffat's Dario Alexander. Burrell was able to convert multiple single leg attacks, scoring nearfall points as well to add onto his lead.

Cano won the 126-pound match in overtime over Moffat's Chris Moschetti. Moschetti scored a five-point move in the first period with a takedown and three nearfall points, but in the second period it was Cano's turn to score five points with a takedown and nearfall cradle as Moschetti was on his back for most of the period. After a scoreless third period, Cano again struck for five points with a takedown straight to Moschetti's back to secure the 10-5 decision.

Despite falling to the Bulldogs, Glenwood looked to bounce back against Fruita Monument, but the Demons would

fall short again in a match filled with forfeits by a score of 51-30.

Against Fruita, Burrell was again terrific in the 106-pound match, pinning Ethan Hennessey in just three minutes and fifty seven seconds to jump start Glenwood.

The only match of the day to go the distance was Ty Walker of Fruita defeating Felan in the 151-pound match by decision, 7-0.

Taking on the Tigers in the fourth match of the day, Glenwood again came up short by a score of 48-15, but the match was well-wrestled, according to Glenwood assistant coach Miles Cook.

In the 126-pound match, Cano converted on several double leg attacks as well as scoring nearfall points in a 9-4 decision over Grand Junction's Talen Valerio.

Prough picked up a win in the 132-pound match as he rolled into the second period down 4-1 after giving up a takedown and two nearfall points to Grand Junction's Tyren Castonguay before escaping late in the period. In the second, Riley scored a takedown and gave up on escape to run the score to 5-2, but in the third Castonguay chose bottom and quickly escaped. Riley scored another takedown and then let Castonguay up to

get the score to 7-5. With Riley needing a takedown to get to overtime and time running out, he was able to counter a through attempt, rolling Castonguay through for the takedown and three nearfall points with five seconds left to win in regulation.

In the final match of the day, Glenwood wrestled Arvada West and fell just short by a score of 43-33.

Against Arvada West, Prough picked up a decision win over Estevan Maldonado in the 132-pound match by a score of 8-4. Joaquin Garcia added a pin over Arvada West's Landon Kirk in the 138-pound match just 57 seconds in, while Felan pinned Grant Cuneo in the 152-pound match for Glenwood.

"Overall, Coach [Guy] Brickell and I feel our guys competed very well," Cook said. "Looking at matches wrestled, we were in every dual. It's hard to overcome the holes we had in our lineup but we are looking forward to getting healthy and getting a few wrestlers back into the lineup."

The Demons will travel to Battle Mountain on Thursday for a dual, before then heading to Weld Central on Friday and Saturday for another Dual-Team Tournament.